# Hello!

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Relevant criteria to select packaging items? How to determine expiration dates?

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### Wording for patient' safety





Validation

Record

Proof

Evidence

Control

Monitoring

Pragmatism

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**EVIDENCE BASED PRACTICES** 

## Packaging: issue

Provide sterility after sterilisation and keep it

Essential step of the process

Participates in patient's safety

Shall not be the weak link



## Packaging: Objectives?



### Packaging: Key factors?



Normative and regulatory context

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## **ISO 11607**

- Since 2006, different international packaging standards have been harmonized into one single document, applicable worldwide.
- \* This document is written as a general (horizontal) standard considering a wide range of potential materials, medical devices, packaging system designs and sterilization methods. It can be applied by suppliers of materials or of preformed sterile barrier systems, bymedical device manufacturers or <u>health care facilities</u>.
- "Packaging for terminally sterilized medical devices should be designed and manufacttored ensure that the MD can be sterilized and remain sterilender documented storage and transport conditions until the sterile barrier system is opened or
- Part 1: Requirements for materials, sterile barrier systems and packaging systems (rather for manufacturers)
- Part 2: Validation requirements for forming, sealing and assembly processes (for users in healthcare facilities)



### ISO 11607 : points of interest for HCF

01	Definitions	<ul> <li>✓ SBS (system barrier sterile)</li> <li>✓ PP (protective packaging)</li> <li>✓ PS (packaging system)</li> </ul>
02	Recommendation on different critical points which have to be evaluated	<ul> <li>✓ Evaluation by manufacturers/suppliers</li> <li>✓ Evaluation by HCF is also required</li> </ul>
03	Criteria and methods to test	<ul> <li>✓ performance</li> <li>✓ resistance</li> <li>✓ permeability</li> <li>✓</li> </ul>
04	Validation requirements	✓ Elements to build a validation plan

### ISO 11607 Definitions

- The Sterile Barrier System (SBS) is "the minimum package that minimizes the ingress of microorganism and allows aseptic presentation of the sterile contents at the point of use
- The protective packaging (PP) if "the configuration of materials designed to prevent damage to the sterile barrier system and its contents from the time of their assembly until the point of use
- The packaging system (PS) is *"the combination of a sterile barrier system and protective packaging*".
  - SBS = Microbial barrier
  - PP is optional (risk analysis)

#### Microbial barrier

Section 5.1.6 - The following properties shall be evaluated: <u>Microbial barrier</u>

Section 5.1.7 *Materials*, *e.g. wrapping materials*, *paper*, *plastic film*, *nonwovens* or *reusable fabrics*, *shall meet the following general performance requirements* : .... Materials shall have <u>microbial</u> <u>barrier</u> properties which are consistent with the specified acceptance criteria Section 5.2.3 *Porous materials shall provide an adequate* <u>microbial barrier</u> to *microorganisms*.

Note : Evaluation of the microbial barrier properties of porous materials **can be done by challenging samples with an aerosol of bacterial spores or particulates**, under a set of test conditions which specify the flow rate through the material, microbial or particulate challenge to the sample, and duration of the test

#### Stability testing

Section 5.1.6 The following properties shall be evaluated: ....<u>Any use by date limitations</u> for pre sterilization storage and shelf life limitations for post

sterilization storage.

Section 8.3.1 <u>Stability</u> <u>testing</u> shall demonstrate that the sterile barrier system maintains integrity over time.

Section 8.3.2 **<u>Stability testing</u>** shall be **performed using real time aging** 

Maintenance of sterility

Section 6.1.7 -Maintenance of sterile barrier integrity may be used to demonstrate <u>maintenance of</u> <u>sterility</u>. NOTE 1 See ANSI/AAMI ST65:2013 and Reference [21]. The <u>loss</u> <u>of sterility</u> is regarded as event-related rather than time-related.

### Requirements to fulfill (HCF

Validation of packaging processes: HCF have to validate their packaging processes Correct use of packaging materials

Evaluation, selection : preformed sterile barrier systems should be evaluated before purchase and use. HCF should ask (and obtain...) manufacturers for evidences about the claimed properties of packaging materials Includes :

- recommandations for sterilization
- Maintenance of sterility

## Relevant criteria to select packaging items

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### How to select a packaging system?













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## How to select a packaging system?

- Check that the packaging items meet the standards requirements of ISO 11607
- Certificates:

which testing methods? Which results? which laboratory?





## How to select a packaging system?

## Risk analysis including transport, storage : SBS?

▶ PP?

## Sterility = Microbial barrier + Integrity

Packaging items = combination of 2 parameters

### Microbial barrier &



### Resistance



## **Evaluation of Microbial barrier**

### Evaluation often uses the BFE test (bacterial barrier efficency)

- the sheet is exposed to 2200 bacteria pushed by pressure
- bacteria which passed through are trapped on a bacterial culture medium



## **Evaluation of Microbial barrier** :

Results of the BFE test = percentage

Nb of bacteria which did not succeed to pass through total number of bacteria

The higher the % is, the better the microbial barrier is



Test on what? 1 or 2 sheets together?

BFE	Nb of bacteria passing through the sheet
50%	1100
70%	660
90%	220
95%	110
97%	66
99%	22
<u>&gt;</u> 99,9%	0-2

### BFE test on different types of SBS

### A supplier must provide the results of BFE test

:	Paper Crepe	Non woven	SMS	New linen	Reused linen
BFE	>99,9%	99,8%	>96%	75%	59%

















DANGER

FORBIDDEN in a lot of countries
 + Bring particles (dust) in CSSD and OR

+ deposit of residual laundry compounds on instruments while sterilization



## Containers / Microbial barrier

- Tested by manufacturer : when new
- What after uses?
- Controls recommanded by manufacturers = visual controls
- scientific?
- operator dependant
- To limit risks: maintenance

### Containers / Microbial barrier

 Solution to use containers safely : add a crepe to ensure that the microbial barrier is effective

Easier to take the tray out aseptically



## Evaluation of Resistance

Container ++++++	Linen ++++	SMS ++++	Non woven +++	Paper crepe ++







## Evaluation of sets to pack

- Sets:
  - ▹ Size?
  - ▹ Weight?
  - Sharp edges?









## Other parameters:

- Transport?
  - ▷ On site ?
  - Road?
  - Proper carts?



### Storage conditions





# Summary : to make a relevant choice of packaging items



### SHELF LIFE's TESTS :

### A CONTRIBUTION TO EFFICIENT PRACTICES





### Shelf life tests: objectives



 Determine the expiration date in a scientific way

Input to the validation of the process



### Shelf life tests are essential to know

- What happens after sterilization?
- What happens during transport?
- What happens during storage?
- How long can the packaging maintain sterility?

And to determine relevant expiration dates

### How to do it in HCF?

Limited ressources

 Tests can be done in partnership with the supplier of packaging items



# Which kind of data do we need in HCF?

Already demonstrated :

Loss of sterility is regarded as event related rather than time related,

### The question is:

- How long can MY kind of packaging maintain sterility after sterilization, transportation, storage, multiple handlings ???
- In HCF conditions

## HCF CONDITIONS ?

- Steam sterilization :
- In France , prevacuum and 134°C 18minutes
- (= can be considered as a worst case scenario!!)
- Transportation:
  - <sup>▶</sup> Lift
  - Road
- Storage: In OT or CSSD
- Multiple handlings



## SHELF LIFE Tests in HCF

Impossible to carry out in HCF

Must come from manufacturers

 Studies in partnership between manufacturers and HCF

## CONTEXT of the STUDY

- At STERINORD Lille University Hospital
- Take advantage of the launch of a new packaging materials : DUO® and BONDED® to make a shelf's life study in partnership with the supplier





### The study

#### Aim:

- How long can the packaging keep the content sterile in real conditions of use?
- Determine expiration dates according to the results

#### Method:

- Premise = pakaging item have demonstrated their sterile barrier properties efficiency (manufacturer data)
- In a HCF: regular conditions of use
- Test the sterility of 6 instruments in ameshtray wich haveundergonesteam sterilization, transport and storage in HCF conditions
- aftert 6 months and 12 months of storage and weekly handling

- By a third party (ICARE/ France)
- Partnership with the Manufacturer of the wraps (STERIMED)

### The study

### Material





10 sets ½ DIN 1,06 to 1,11 kg wrapped with DUO® 90x90cm cellulose/SMS (enveloppe folding) 10 sets DIN 3,78 to 3,82kg Packed with BONDED ® 100x1000cm SMS/SMS (enveloppe folding)

#### Same instruments in each set (clamps and scissors)





### The study

### Conditions:

- Sterilization in a steam sterilizer (prevacuum) at 134°C 18 minutes.
- Transport by road, lift and storage in CSSD (storage area)
- Handling every week

## Sterility testing

- Step 1 = Test validation:
  - ▹ Growth media:
    - Liquid growth medium with thioglycolate
    - Liquid growth medium with case in and soya hydrolysate
  - ▶ Assessment of the fertility of the growth media for:
    - S.aureus
    - B.subtilis
    - P.aeruginosa
    - C.sporogenes
    - C.albicans
    - A.brasiliensis

## Sterility testing

### Step 2 =

- 3 clamps in each growth medium (1000 ml)
- Incubation
  - ▶ 14 days 30/35°C (thioglycolate)
  - 14 days 20/25°C (casein soya hydrolysate)
- Check at 7 days and 14 days
- No growth = sterile
- Negative control (same without clamps)
- Positive control : same + inoculum 10/100 UFC





### Results

No growth <u>ALL</u> the clamps and scissors are sterile after 6 months and 12 months

Now expiration date for RMD in the hospital is

12 months after sterilization

# the expiration date policy of RMD at Sterinord

- Expiration dates are determined according tests carried out in our CSSD or others with same conditions
- *Eachtest* is significant only for one kind of packaging
- Each set of RMD is labelled : « Sterile unless the package is opened or damaged "
- the storage conditions are regularly audited

# Consequences of a longer expiration date

### Savings

- Less reprocessing
- Save time:
  - CSSD Operators
  - ▶ OR nurses
- Save wear and tear of instruments
- Save packaging items.....
- → SAVE MONEY



## Conclusion of the study



#### The study allows us :

- To set up the use by date in a scientific way
- To fulfill the recommandations of ISO 11607 in terms of validation: we have now evidences to base the use by date system
- Our results can be adapted in all HCF using the same packaging items (sterilization applied is a worst case /transportation & storage are « regular »)
- EVIDENCE BASED PRATICES



### Take home messages

- Packaging is an essential step of the reprocessing of RMD
- Validation is required with special attention to:
  - The selection of packaging items
  - The education of operators
  - Determination of expiration dates
- Purchasing process shall include the users

### WFHSS Guidelines

https://wfhss-guidelines.com/









## Thank you for your attention!!!







